

Do You Receive SNAP Benefits? Emergency Allotments Are Ending!

WHAT IS CHANGING?

- The extra SNAP payment, officially called Emergency Allotments, will end in February 2023.
- Starting in March, only one SNAP payment will be loaded to your EBT card in the first half of the month.
- Call the customer service center at 877-395-8930 to verify the amount.

WHAT SHOULD I DO?

- Your benefit amount is based on your income and the expenses the program allows you to report.
- Be sure to report up-to-date information as soon as possible, so you receive all the benefits you are eligible for.

MAKE SURE THE COUNTY ASSISTANCE OFFICE (CAO) HAS UP-TO-DATE INFORMATION

Make sure you report important changes, like:

Your Address.

- You may miss important updates if the COA does not have your current address.

Your income and the income of others in your SNAP household.

- Did you lose work hours or have your pay cut? If you are earning less, you may qualify for more SNAP benefits.

Your expenses and other allowable deductions.

- Are you paying more for childcare?
- If you are a senior or have a disability, do you pay more than \$35 in medical expenses per month? Providing proof of these expenses may help you qualify for more SNAP. Learn more at [IncreasingSNAP-MedDeductions.pdf](#).
- Did your rent, mortgage, or property taxes increase? In some cases, reporting this may help you qualify for more SNAP.

YOU DO NOT NEED TO SPEND ALL OF YOUR SNAP

You can keep SNAP benefits on your EBT card if you want, so long as you use the card once every 9 months to keep it active. If you find that the extra SNAP is giving you a little more money for food than you need to spend, you can save them to spend in a later month to provide a little wiggle room for when the second payments end in March 2023.



Women,
Infants and
Children (WIC)



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REPORT A CHANGE IN ONE OF THE FOLLOWING WAYS:

- Call the Customer Service Center at 877-395-8930.
- Using the MyCOMPASS PA mobile app (free on the Apple App or Google Play Store).
- Visit your local CAO to report changes in person. Look up your CAO at cutt.ly/philly-cao (Philly) or see a list of all CAOs in PA at cutt.ly/cao-list.

ADDITIONAL RESOURCES

- Find local resources, including food pantries at findhelp.org.
- Call the Coalition Against Hunger's SNAP Hotline at 215-430-0556 or fill out the online form at hungercoalition.org/snaphelp for help with your Application, SAR, or Annual Recertification.
- Are you pregnant or have kids under the age of 5? If you receive SNAP, you qualify for WIC. Start the application process at pawic.com or call 484-471-3320 to schedule an appointment.
- Contact sharefoodprogram.org or call 215-223-2220 to find a food pantry close to you.
- Food and Nutrition Programs- Delaware County, Pennsylvania (delcopa.gov).
- If your SNAP benefits are cut off or denied, or you think the benefit amount is wrong, contact one of the following FREE legal services:
 - Legal Aid of SEPA if you live in Delco, Montco, Bucks Co., or Chester Co. (877) 429-5994
 - Community Legal Services if you live in Philadelphia (215) 227-2400